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PEEL WEEKLY NEWS

MISSISSAUGA | BRAMPTON | CALEDON

July 22, 2021

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Families, Children and Social Development Minister Ahmed Hussen (left) at podium speaks during a press conference in Brampton's Mount Pleasant Village Monday morning, announcing that the federal government would invest \$120 million to build more than 300 housing units in the city. (Submitted)

The federal government announced plans Monday to make a dent in the affordable housing backlog in Brampton with funding for a new project in Mount Pleasant Village.

Prime Minister Justin Trudeau, Families, Children and Social Development Minister Ahmed Hussen and local MPPs were on-hand to roll out the project, which will see a 26 storey, multi-residential energy-efficient building erected in the village to help alleviate housing concerns for low-to-middle income families.

“We know that finding an affordable place to live is a challenge for many Canadians in communities across the country,” said Trudeau regarding the project, which is expected to house approx-

imately 300 families and will receive roughly \$120 million in funding through the Rental Construction Financing Initiative, part of a national program to boost affordable housing in key areas throughout the country.

Speaking of the project, which will be built by Daniels Corporation in the Lagerfeld Drive neighbourhood, Trudeau praised the project as helping “struggling families” who want affordable housing options.

“We will keep working to ensure that everyone can find a place to live, raise their families, and build their future,” said Trudeau.

The announcement is the latest in a series of federal funding projects announced to help alleviate the pressure

from Peel Region’s affordable housing backlog — which currently sees wait times of up to 10 years or more for families on the waitlist for housing in the region, with more than 22,000 applications on the waiting list.

The project is part of the federal government’s National Housing Strategy, which will see \$72 billion flow into local neighbourhoods in a bid to increase rental units and support rental housing construction projects, via providing low-cost, insured loans to developers and municipalities in places where there is a need for them.

Look for additional coverage of this story in this week’s issue of Peel Weekly News.

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Town approves additional means to combat gypsy moths

Councillors in Caledon approved measures last week to “swat down” infestations of gypsy moths in the community, following an outbreak of the insects earlier this summer.

The Town said last week that it has approved several initiatives, including additional funds to support the spraying of impacted trees in 2022, allocating additional staff for egg scraping and the hiring of an in-house invasive species coordinator to keep the moths at bay.

The decision was made just over a month after Town Council voted to allocate \$100,000 in emergency funding to manage a rise in infestations on Town land, as well as direct staff to bring an action plan forward to address the elevated

numbers of infestation sightings and reports.

The gypsy moth was seen in elevated numbers earlier this summer, with more than 79 separate infestations reported and Town council directing staffers to commence spraying on affected trees in the Bolton and Palgrave area, which had egg masses found on impacted oak trees.

“I understand the impact that (gypsy) moths have had on our residents, and I share their frustration,” Mayor Allan Thompson told Peel Weekly News last month. “This is why we’re asking staff to investigate other avenues to control the spread of (gypsy) moths, and further educate residents about how to handle the infestation on their property.”

The impacted

trees in Town parks were monitored for rate of canopy defoliation (health of the tree) and egg mass density (indicates severity of the infestation), and egg mass scraping and spraying were done on the affected trees.

The Town said its goal would be to discourage multiple year destruction of Town owned trees to ensure overall tree canopy health.

A staff report presented on July included an action plan for the remainder of 2021 and 2022 for a more extensive investigation and monitoring, increased egg mass scraping, tree banding and Btk spraying as well as an education plan.

- With PWN Files

Two dead after fatal crash near Pearson

A “horrific” crash near Mississauga’s Pearson Airport resulted in the death of two individuals Tuesday afternoon.

The incident, which took place around 4:15 p.m. in the Carlingview and Constellation Court area, near the Mississauga/Etobicoke border, resulted in two people becoming trapped inside a vehicle after it was involved in a multi-vehicle crash.

Police say that the incident resulted in a vehicle crashing into a pole, a sec-

ond running into a building and a third unoccupied car being damaged.

First responders were able to remove the victims from the vehicle they were trapped in, but one succumbed to their injuries at the scene, while the second was rushed to hospital and died a short time later.

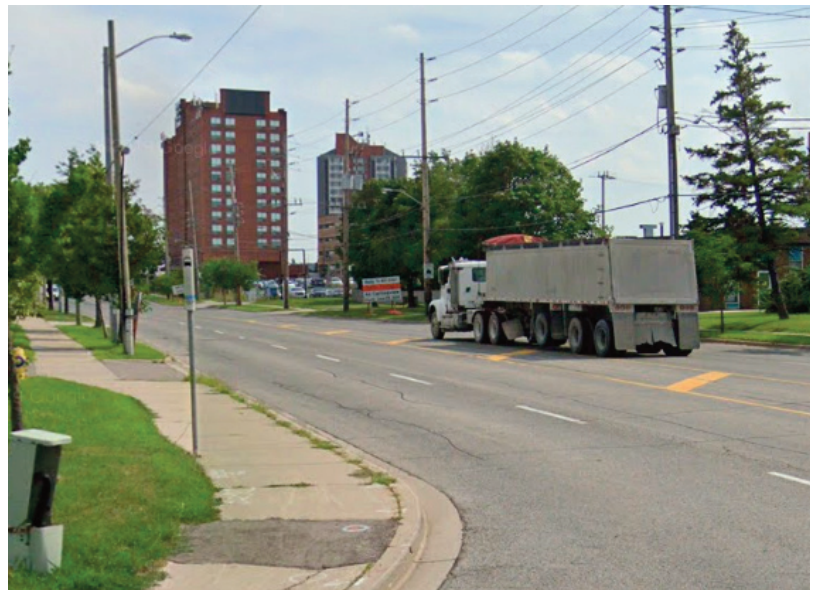
The incident also resulted in the building that was hit by one of the vehicles being evacuated due to fears regarding a possible gas line rupture,

a representative from Toronto Police Services said.

“Speed may have been a factor,” said Cst. David Hopkinson of Toronto Police.

The identities of the victims, the car they were trapped in and the exact circumstances of the crash were not known as of press time.

The area remained closed through Tuesday evening as investigators examined the scene.



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34 Lakeshore Rd. E.,
Mississauga, Ontario
L5G 1H3

Direct: (647) 648-9241
www.peelweeklynews.com

PUBLISHER

Peter Whitaker
publisher@
peelweeklynews.com

NEWS/INFO DESK

newsdesk@
peelweeklynews.com

COMMUNITY DESK

catherine@
peelweeklynews.com

PEEL WEEKLY NEWS MANAGING EDITOR

Alex Gregory
newsdesk@
peelweeklynews.com

DIGITAL
MEDIA/WRITER
Jonathan Giggs
Alex Gregory

SPORTS
CONTRIBUTORS
Dave Robinson

BUSINESS/
LIFESTYLE EDITOR
Alex Gregory

CONTRIBUTORS
Elizabeth Banfalvi
Surjit Singh Flora
E.C. Munson
David Robinson
Catherine Sople
Clover Sterling

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Digital Newspaper

Vaccine passports not on the table, says Ford

by Peel Weekly News Staff

Vaccine passports aren't on the table for now, said Premier Doug Ford.

The Premier, speaking at a press conference late last week, said that while Ontario continues to reopen, the issue of a "vaccine passport" is one that has not been officially mandated by the province.

While the province issues a record of vaccination after an individual receives a dose of the COVID-19 vaccine, putting forward a require-

ment for residents to show a "passport" at businesses within the province would prevent several challenges, Ford said during an event held by the Toronto Region Board of Trade.

Ford acknowledged during the event, hosted last Thursday, that slips with such records could be forged.

However, he indicated, the province is not considering production of any digital proof of vaccination, although many have called for it.

"It's up to them if the federal government prepares such a vaccine passport for crossing the border, but we're not doing that," Ford

said.

For local response to this issue, look inside this week's Business section.



Feds lay down new rules for vaccinated travellers

by Surjit Singh Flora and Alex Gregory

Travellers entering Canada may be able to breathe a sigh of relief, as new rules will allow fully-vaccinated arrivals to "skip the line" when entering the country.

The federal government announced Monday that fully vaccinated travellers entering from the U.S. will be able to cross the border without undergoing the quarantine process from Aug. 9, while citizens from other countries will be able to do the same starting on Sep. 7.

American citizens and permanent residents of the United States will be able to travel to Canada on the condition that they have completed the COVID-19 vaccination, officials said during a news conference, while children under 12 will be exempt from quarantine requirements beginning from Aug. 9 onwards.

Individuals who have completed both rounds of vaccine from one of the four approved available options, including Pfizer, Moderna, Johnson & Johnson and As-

traZeneca, at least 14 days before arrival in Canada can skip the quarantine process, it was said.

The federal government also said in a statement that it "may make further adjustments" to its decision to ease border restrictions on Sep. 7.

On the other hand, the decision will also honour the close ties between Canadians and Americans. The U.S. border closure will be extended for non-essential travel at both Canadian and Mexican land borders up through Aug. 21, said sources Wednesday.

Citizens of other

countries who have been fully vaccinated will have to wait until Sep. 7 to travel to Canada, the government said.

The restrictions will also be relaxed only if conditions regarding the management of the COVID-19 virus remain favourable.

All travellers will need to provide proof of their vaccination by uploading the ArriveCAN app or website before taking a flight to Canada. They will also have to bring their vaccine certificate to show to the border officials.

On Monday, the government also announced that it was increasing the number

of airports where international flights would be accepted. Montreal-Trudeau International Airport, Toronto Pearson International Airport, Calgary International Airport and Vancouver International Airport, as well as Quebec City Jean-Lesson International Airport, Ottawa McDonald's International Airport, Winnipeg International Airport, Winnipeg International Airport.

From Aug. 9, the number of such airports will be increased from four to nine. International flights will also be accepted.



Opinion

Does less population mean better health and a better lifestyle?



Surjit Singh Flora

Column

The whole world today is very much concerned about the growing population.

The resources of nature and some countries are limited, and as the population grows, they are under a lot of pressure; they are overused.

In terms of population China is on top, followed by India, but some reports claim that India will overtake China in the next few years.

The world's population grows by 80 million every year, of which India alone contributes 20 million, meaning that one country alone accounts for a quarter of the world's population growth.

India is the second-largest country in the world in terms of population, but it ranks seventh in the world regarding land space.

Canada has had a fairly consistent growth rate for the

past 70 years of about 365,000 people per year. Based on that, they'd still have less than 40 million total population within the next decade.

According to United Nations data, Canada's mid-2020 population is about 37,742,154. The Canadian population is equivalent to 0.48 per cent of the world's total population.

Our present population is between 35 and 36 million. Immigration is quite restrictive, illegal residents can't work so they don't stay, and Canadians aren't having babies at a rate that would triple the population.

So, there's no realistic scenario in which Canada's population will reach 100M in the next decade.

For the world, population growth causes many problems.

With overpopulation, there is a lack of housing, people in villages and cities are forced to live in small houses, even

living in slums. Water and air pollution increases due to overpopulation.

As the population grows, so do the industries to meet the needs of the people, which in turn spreads water and pollution.

Deforestation is used to solve the housing problem, and villages and towns are built for human habitation.

Trees are cut down to meet the needs of the people from which wood is obtained and used in human life.

Deforestation damages our natural resources and has a detrimental effect on nature, with dire consequences.

Due to the growing population, the number of vehicles is also increasing, increasing the emissions of greenhouse gases, and our atmosphere is being badly affected.

In the process of photosynthesis, trees absorb carbon dioxide and expel oxygen, which is the lifeblood of living things. Cutting down trees will increase

the amount of carbon dioxide, which is very harmful to humans.

As the population grows, so does the earth's temperature and sea level. Rising sea levels also pose a threat to coastal countries and coastal areas.

With the increase in population, the size used for agriculture also decreases, which can lead to a food crisis.

Overpopulation creates an imbalance between demand and supply, which leads to inflation as less resources meet demand.

The smaller the family, the more comfortable the members will be. Children will be given a good education, good morals and a good upbringing.

Conversely, the smaller the country's population, the more jobs and government amenities will be available. Citizens of less populous countries have more opportunities to get a good education and a good lifestyle.

With a large population, the number of criminals in the country also increases because when people do not have a job, they will try to make money the wrong way.

Therefore, a country should have a small population for good education, health, and lifestyle.

Canada has a high number of young generations among its citizens. The advantage may be that this young generation population can boost the country's economy but with a lack of quality education and limited employment.

Given the opportunity, this young population will also remain a burden mostly immigrants and students. This means that due to lack of necessary resources, most of the youth get higher education degrees.

Still, they cannot get the training to develop the skills related to a significant field of work, which results in higher education. They remain unemployed.

The government

and every citizen of the country have to worry about this and implement the small family policy.

Even governments are reluctant to take a firm decision and legislate on this because of their political advantage.

We leave the subject alone only by holding talks and seminars. But now we have to be very aware and take appropriate steps to stop population growth.

Due to said growth, there are significant problems like poverty, hunger, and unemployment today.

The Trudeau government must follow the world uniform civil code and population control law to curb this arbitrariness. Also, it needs to take decisive steps in this direction.

It is hoped that all the state governments will bring such laws in their respective provinces and pave the way for the country's progress, development, and prosperity in the future.

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Social capital strong in Peel, but inequitably distributed, says new report

A new report distributed by United Way Greater Toronto (UWGT) and community partners gives low marks for the distribution of social capital.

The report, the Peel Region Social Capital Study, was released Tuesday (July 20) and measures social capital in Peel, assessing pre-pandemic baseline levels.

While the results are largely encouraging, there is a clear divide along financial lines.

"If we want resilient communities, we need to understand what social capital

looks like – who has how much and how we can close the gap," said UWGT president and CEO Daniele Zanotti.

"The community sector, including United Way's network of agencies and partners, is an important bridge to social capital: where people build trust in neighbours; where they find community when it's most needed; where they organize to improve their neighbourhoods."

Specifically, the report assesses how much residents trust their neighbours and institutions; how extensive and sat-

isfying their social connections are; how civically engaged they are; and how they feel about their neighbourhoods' safety and services.

Key findings in Peel, which were collected from over 1,200 respondents from Dec. 2018 and Mar. 2019, indicate that pre-pandemic, social capital in Peel was strong: people had relatively high levels of trust, strong social networks, extensive civic connection, and neighbourhood support.

"While trust is somewhat high, factors such as income, age, and where you live

play a role in access to social capital and its benefits," the report states.

One of the key causes for social inequity is income growth, the report states, noting that Peel is facing trends that are prevalent throughout the GTA, including rising poverty, precarious employment and income inequality as being driving factors for disparities between demographics.

"Even before the pandemic, people with lower incomes and less financial security faced greater barriers to accessing social capital," the

report states, referring to Peel's metric of approximately 13.6 per cent of residents who are at or below the poverty line.

Precarity has become imprinted on to the labour market, with 42.7 per cent of workers in Peel between the ages of 25 and 64 working in some degree of precarious employment, which has a harmful impact on individual, family, and community well-being.

Representative-quoted in the report said this week that in order to plan for and invest in an inclusive recovery that

supports individuals' well-being, bolsters trust, and increases neighbourhood cohesion, all sectors will need to continue to address systemic issues like poverty, financial insecurity, and discrimination that impact the uneven distribution of social capital.

"Engaging diverse communities and building social connection are essential to delivering human-focused services to people in Peel," said Sonia Pace, director of community partnerships at the Region of Peel.

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Peel Region pledges Black North Initiative

by Catherine Sople

In a unanimous motion on May 27, Peel Regional Council joined the nearly 500 signatories to the Black North Initiative (BNI) to end systemic racism in corporate boardrooms.

On July 20 at the virtual anniversary event of Black North Initiative, Peel Regional Chair Nando Iannicca pledged with other corporate and civic leaders, to take concrete steps with concrete programs to end systemic racism.

"In Peel, as a community for life, we are working hard to end racism, and especially anti-Black racism," said Iannicca.

In Peel Region, approximately 117,000 residents identify as Black. Of those, two-thirds of the population live in Brampton, and comprises 28 per cent of the entire GTA's Black population.

During 2019 and 2020, public voices turned up the volume on their calls to action to address systematic barriers found in

housing, education, justice, policing and in the corporate world, where people of colour face significant obstacles to advancement.

In 2021, while there is much more to be done, initial concrete solutions are finally setting into place in Peel Region.

The Black North Initiative was founded by Bay Street power broker Wes Hall in June 2020 in the aftermath of the George Floyd killing by an arresting office sparked Black Lives Matter marches rippling across Canada.

Hall's insight based upon his own experience was that a "business-first mindset" would create more opportunities for Black people in corporate Canada that could bring an end to racism.

The founder and executive chairman of Kingsdale Advisors, had very humble beginnings as a kid who grew up in a tin shack in Jamaica. Hall lived with grandmother

until age 13, then was largely on his own, surviving on his wits, and hustling odd jobs. In a National Post interview, Hall refers to Sept. 27, 1985, the day he came to Canada, as the day he "left poverty."

Some key Year 1 Performance Indicators for the Initiative include:

- The development of a Homeownership Bridge Program with a goal of raising \$17 million to match government grants totaling \$50 million in the GTA to help build generational wealth and mobility for the Black community.

- Launching "Rise Up", Canada's only 24/7 Mental Health Support Service for Black youth, with capacity in 2021 for 24,000 phone and text conversations.

- With CIBC Scholarship Initiative as a partner, BNI will launch its program to help remove barriers to next generation of Black leaders and change-makers.

Interns have a great PAL in community leader

"I want to establish a new social norm where littering is no longer tolerated," says 73-year old Bill Godfrey.

Four years ago, the Brampton resident became impassioned to clear litter from Etobicoke Creek Trail, after witnessing a neighbour collecting garbage from the ravine behind his house.

Bill was moved to clear a three-kilometer stretch of the Trail in a 100-day effort.

Last year, under COVID lockdown, Bill's enthusiasm for delittering efforts gathered people and momentum. He created the Facebook group P.A.L. (People Against Littering) which has garnered more than 550 members.

Last October, Bill and his posse of PAL volunteers spent an afternoon delittering the creek beside a community

tree planting event in Knightsbridge.

ACER – the Association for Canadian Educational Resources – was so impressed by the synergy of PAL's delittering with its tree site preparation, that Bill was invited this year to its events being held at Mississauga end of Etobicoke Creek.

With Phase 3 easing restrictions, ACER's Canada Summer Jobs interns now meet weekly with Bill on Wednesday mornings for a circuit training to delitter public parks in Mississauga's Dundas/Dixie area.

Bill says he enjoys

developing relationships and friendships with people of all ages and backgrounds.

"I can't believe Bill is a rock climber like me," laughs intern Safiya.

Bill says, "We think alike. Such a wonderful group that cherishes the wildlife and the environment. They are so much fun, so much fun. Students seeking to log service hours can register via e-mail at volunteers@acer-acre.ca.

Peel Health pandemic protocols for masking, distancing and disinfecting are in force.



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Peel officer hit with bodily harm charge: SIU

Criminal charges have been filed against a Peel Police officer in connection with an incident that took place earlier this year, said the province's Special Investigation's Unit (SIU).

The SIU said Monday that the officer, identified as Constable Kevin Arnem, was charged in connection with

an interaction that occurred with a driver on May 5, around 5 p.m. in the Duval Drive neighbourhood in Mississauga.

According to a statement by the SIU, Arnem responded to a 9-1-1 call regarding the driver, a 22 year-old man, who was suspected of driving under the influence.

The driver suffered serious in-

juries during his subsequent arrest, which led to an international investigation.

The SIU later said they had grounds to believe that Arnem committed an offence during the arrest.

Arnem has been charged with one count of bodily harm in relation to the incident, and will appear in Brampton court on Aug. 13 to an-

swer to the charges.

The SIU said in its statement that, "As the

matter is before the courts, and in consideration of the fair trial interests of the

accused, the SIU will not provide further comment on the investigation."



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BUSINESS

Bus fleet “zapped” with \$400m Infrastructure Bank investment

by Alex Gregory

Brampton Transit's push for eco-sustainability received another boost Wednesday morning, as the federal government announced a financial commitment to purchase up to 450 zero-emission buses by 2027.

The feds said that under the new agreement, the Canada Infrastructure Bank (CIB) would fund up to \$400 million for the purchase of the new buses, which are battery-powered and augment the transit operator's current fleet 133 hybrid and eight battery electric buses.

Calling it a “significant commitment,” members of Brampton council said the funding represents a stepping stone to building a fully-fledged green fleet.

“We are revolutionizing transit in Canada,” said Mayor Patrick Brown. “We can reduce our carbon footprint and become an even more modern and sustainable city.”

The new funding agreement, said Minister of Infrastructure Catherine McKenna, will see financing contributed towards upfront capital costs for

the new buses and associated on-street charging stations.

The funding commitment represents the third such deal the federal government has

inked with a municipality to date.

The final agreement is subject to city and Regional Council approval, and is expected to be

completed the end of the year.

“This (commitment) is an ideal example of an initiative aimed at accommodating growth in a way that prioritizes

environmental, societal and economic sustainability,” said Peel Regional Chair Nando Iannicca.



Photo Courtesy of City of Brampton

Edenshaw targets residential condos near Port Credit GO

Real estate builder Edenshaw Developments announced that it has acquired a 1.48-acre infill site located adjacent to the Port Credit GO Station in south Mississauga, with the intent of developing a residential condominium complex.

The local developer, which operates an office on Lakeshore Road,

said it has partnered with Windsor Private Capital to build the new tower, which will be located on the west side of Hurontario at 30 Queen Street East, adjacent to the planned Hurontario Light Rail (LRT) Station and Port Credit GO Mobility Hub.

The location will serve the new

LRT line, with additional connections to GO Transit, representatives from the company said.

“The entire Edenshaw team is thrilled to be embarking on this very significant development, and as a long-time Port Credit resident, it's particularly meaningful to me, and the many Edenshaw staff

who grew up in the neighbourhood, to be participating in the positive growth of our community,” said Edenshaw president and CEO David McComb.

The development is Edenshaw's fourth in the community, and will be set beside the new LRT line, which will include rapid transit to Brampton's Gateway

Terminal and introduce a “pedestrian-friendly, civic square component,” according to the developer, with plans for mixed-use businesses within the complex.

“We are excited to be a part of this landmark project in Port Credit and to be working again with Edenshaw, one of our trusted and experienced

development partners. This project will be a tremendous addition to the community of Port Credit and the City of Mississauga,” said Windsor Private Capital chairman Rocco Marcello.

Edenshaw recently launched Alba Condos to Mississauga, the company's first geothermal development.

Local drugmaker Roche unveils new treatment for early breast cancer

Roche Canada announced Tuesday that a new treatment used in combination with chemotherapy to treat early breast cancer has approved for availability by Health Canada.

The new drug, Phesgo, is a fixed-dose combination of two drugs combined into a single injection, and can be used for treatment of patients with human epidermal growth factor (HER2)-positive early breast cancer with lymph node positive and/or hormone receptor negative disease.

Phesgo also received approval in the metastatic setting in combination with docetaxel for treatment of patients with HER2-positive metastatic breast cancer (MBC), who have not received prior anti-HER2 therapy or chemotherapy.

"The approval of Phesgo in Canada is another important step forward for patients who now have more options when it comes to safe and effective treatments that can provide flexibility and save them so much time," says Dr. Sandeep Sehdev, a medical oncologist at the Ottawa Hospital Cancer Centre.

"For so many years, patients were required to spend hours receiving their treatment by infusion out of their home, and with this new approval, patients can regain more time and improve their overall quality of life."

The drug aims to cut down significantly on injection times, at approximately eight minutes for the initial loading dose and approximately five minutes for each subsequent maintenance dose, com-

pared to approximately 150 minutes for infusion of a loading dose of Pertineta and Herceptin using the standard IV formulations, representatives from Roche said in a statement.

"It is so important for the Canadian breast cancer community to have options when it comes to treatment, we're all unique and respond differently, so choice is always paramount," says Cathy Ammendolea of the Canadian Breast Cancer Network. "This approval and availability brings an option that can dramatically reduce the amount of time required to receive treatment in one single shot, compared to hours with an IV infusion."

"As a wife and mom living with metastatic breast cancer, I can say that the idea of less time in the cancer

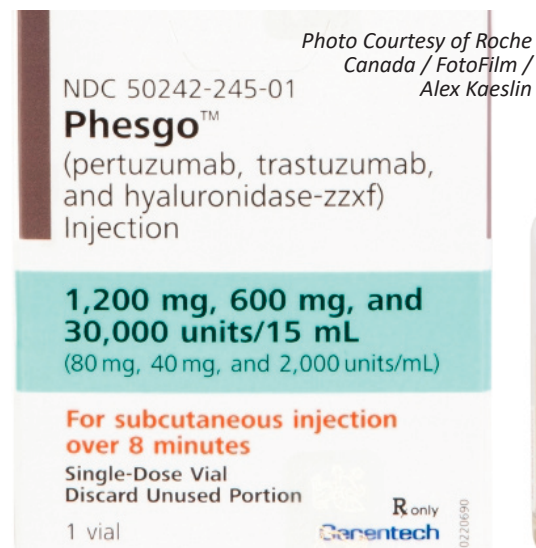
centre and not needing IV treatment sounds amazing," says Suzanne Horvath, a member of Rethink Breast Cancer's Metastatic Advisory Board. "Living with MBC means ongoing treatment is a reality. So doing it in a way that allows me more time for the things I want with the people I choose is really exciting news for me and others in the HER2+ community."

Breast cancer is the second leading cause of cancer death in Canadian women with more than 27,000 women diagnosed in 2020.

Approximately 20 per cent of women diagnosed with breast cancer in Canada will have HER2-positive disease, an aggressive form of the disease that is more likely to spread and recur.

"This is another important step forward for Canadian

patients, and the approval of Phesgo represents Roche's commitment to improving the treatment experience with innovative and efficacious approaches that can reduce progression of the disease and allow for enhanced quality of life with more flexible options," says Brett Hogan, oncology leader at Roche Canada.



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Natural Gas Expansion Announced in Caledon

Last week, Dufferin-Caledon MPP Sylvia Jones joined Todd Smith, Minister of Energy, to announce that approximately 100 homes and businesses in Caledon will be able to connect to natural gas for the first time, thanks to the province's Natural Gas Expansion Program.

Under Phase 2 of the program, the province will allocate \$5,048,975 to support new connections to the natural gas distribution system and help make life more affordable in municipalities, including Dufferin-Caledon.

"Our government is making good on its promise to deliver affordable en-

ergy and expand natural gas pipelines to more communities," said Jones.

"Access to natural gas will help more families and businesses find energy savings, while promoting economic development and job creation across Dufferin-Caledon."

The province said Friday that it is expanding access to natural gas across the province to help keep the cost of energy low for families, businesses and farmers.

Phase 2 of the Natural Gas Expansion Program will allocate more than \$234 million to support approximately 8750 connections in 43

rural, northern and Indigenous communities.

"We are lowering energy costs for homes, businesses and farms across rural, remote and underserved communities," said Smith. "With Phase 2 of the Natural Gas Expansion program, we're putting people first, bringing

prosperity to their communities, and ensuring Ontario remains open for business." The average household could save between \$250 to \$1,500 per year in energy costs by switching to natural gas from costlier fuel sources. Businesses are expected to save up to 30 per cent per

year on energy costs.

"This announcement is a step forward in bringing services and infrastructure to rural areas of Caledon," said Caledon Mayor Allan Thompson.

"We want to thank our provincial partners for understanding how critically im-

portant these types of investments are for affordability and competitiveness in smaller communities."

Construction for projects under Phase 2 will begin as soon as this year, with all 28 expansion projects expected to be underway by the end of 2025.



Emblem picks up BILD nomination for local project

A Mississauga development has been recognized with a prestigious nomination at an annual real estate awards ceremony.

The Picasso Suite at the Artform Condos in Fairview is one of two projects by EMBLEM Developments that have been nominated for two prestigious BILD (Building Industry and Land Development Association) Awards in the Best Suite Design category.

The Picasso Suite and the Chenille Suite at 1 Jarvis in Hamilton were both recognized by the BILD judges with one nomination each.

"EMBLEM is building a reputation for having the most efficient and usable floorplans in the industry. With

suites becoming smaller and smaller, being able to deliver spaces that maximize usability for homeowners becomes more important than ever, whether our buyer is an end user or an investor," said Kash Pashootan, EMBLEM's chief executive officer.

The annual awards ceremony recognizes the achievements of developers, new home builders, architects and designers, as well as sales and marketing professionals across the Greater Toronto Area.

The 569-square-foot Picasso suite at Artform includes a south-facing corner location on the floor plate that boasts a large window, with a view of the city below, along with

an open concept kitchen, dining and living area, at just over 200 square feet, and a corner window in the master bedroom area that draws in abundant natural light, not usually available in condo units.

Pashootan said that both the Artform and Chenille suites embody the greatest achievement for a developer: delivering the "it" feeling.

"Everyone knows what that 'it feeling' is when they walk into a special space – the right space. The feeling cannot always be explained, but it is clear and very powerful when you experience it."

The awards are tentatively planned to take place later this summer.



Board of Trade supports voluntary proof of vaccination

The following letter was sent to Peel Weekly News on behalf of the Mississauga Board of Trade.

Letters may be edited for grammar and clarity.

—

As Canada's vaccination rate continues to rise, a safe and sustainable reopening of our economy is on the horizon.

We support a centralized, Canada-wide approach to COVID-19 proof-of-

immunization that could be easily used to confirm vaccination status for international and domestic use.

Without inter-provincial harmonization, Canada risks a piecemeal approach, making life more difficult and unpredictable for individuals and employers during an already uncertain time.

However, in absence of a national standard for proof-of-immunization, the Ontario govern-

ment should review and assess the applicability of Manitoba's model in Ontario.

A federal or provincial approach should avoid creating additional red tape or barriers to reopening, particularly for small businesses.

Existing reopening privileges should be maintained under Ontario's Roadmap to Reopen, while providing an option for expanded benefits for individuals who are fully vacci-

nated.

In the ongoing management of this crisis, we also ask government to consider alternative methods of addressing the possibility of future outbreaks while avoiding the economic damage of locking down the province as a whole.

For instance, if case counts rise in a particular region, a new framework could specify measures to reduce individual contacts and outline capacity restrictions for public-

facing businesses in that region.

This framework must be science-based and informed by public health officials.

In addition, reopening guidelines should be applied fairly and consistently to all businesses regardless of sector or establishment size.

The Mississauga Board of Trade also stresses, any program or technology, must not compromise a business's operations or ability to

function or impinge on their economic activity. We also recommend, the use of any program(s) or technology by business, be on a voluntary basis.

We would be happy to discuss these issues further and look forward to continuing to work with you on solutions that support the health of Canadians and our economy.

*David Wojcik
Mississauga Board of Trade*



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Hygienist gives tips on keeping bad breath away this summer!

Registered dental hygienist Anaida Deti offers her favourite tips and tricks to keep the breath mints at bay as you exit your COVID cave!

Masks have protected you up to this point but what happens when the mask comes off? As we celebrate our new found freedoms and are able to join others in social settings, you'll want to keep bad breath in check - otherwise nothing will protect you from social dis-

tancing you will receive.

Registered Dental Hygienist Anaida Deti says that although most people are told to brush their teeth twice a day, and floss to ensure proper dental hygiene, there is much more that we can do to avoid halitosis.

Anaida helps to clear the air around bad breath and how to battle the bad bacteria that causes the foul odor:

1. Use proper brushing tech-

nique: Brushing your teeth twice a day is the routine we're all taught, but don't forget to brush your tongue as well. Brushing or scraping the entire surface area of your tongue is an important step to preventing bad breath, as it's the spot where bad bacteria tend to grow and dawdle.

2. Avoid a dry mouth: A dry mouth can act as the perfect breeding ground for bad bacteria. Drinking plenty of water, chewing sugar

free gum, and sucking on sugar free mints or lozenges throughout the day, are perfect ways to boost saliva production.

3. Avoid the use of standard mouth rinses: While your typical mouth rinse will instantly refresh your breath and take away any bad odor, it will not fully cure it. Instead, try rinsing with a couple drops of peppermint oil, mixed with water, or black/green tea.

Studies have shown these teas have the ability to eliminate bacteria in your mouth due to the higher levels of polyphenols they contain.

4. Choose your foods wisely: A lot of foods (like onions and garlic) already contain smelly sulfur acids and can linger in and around your teeth for quite some time, so try eating them sparingly. Munching in fresh, crispy foods like carrots or apples, or even those parsley

sprigs that accent your meal, will help step up the flow of saliva and wash away lingering bacteria.

5. Replace your toothbrush often: Your toothbrush should be replaced every three to four months (not when every six during your cleaning appointments!) Once you notice the bristles are frayed, it's time for a new one. Here's to unmasking bad breath!



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SPORTS

Running club members return to normal routes as summer heats up

The COVID-19 epidemic may have been raging since March of last year, but that hasn't stopped one local running club from "taking it to the streets."

The Toronto Pearson Airport Running (TPAR) Club held three successful half-marathon events during October-November, taking full precautions against the corona.

When the winter season began, the club also became a

bit sluggish due to the cold.

With the onset of pleasant summer weather, it started re-activating from June-July, but this time, some of its members showed more interest in cycling than long runs.

Under the leadership of Chairperson Sandhura Singh Brar, he would take his bicycle every weekend and walk towards some trails, with members joining in.

They started their

25-kilometre cycling journey, expanding it every week, starting from Brantford to Port Dover and returning to Brantford after completing the 105-kilometre goal.

During this long journey, they had to face rain and strong winds along the way, and at the same time had to put up a lot of effort while cycling on the wet and fine sand / gravel trail.

The group left Brantford at 6.30 am, reached Port

Dover, and returned at 2 p.m.

According to Brar, it was the most difficult and arduous journey he ever faced, alongside members Karamjit Singh (Coach), Swaran Singh, Kuldeep Grewal, Gurinder Rao, Harjit Singh, Jagtar Grewal, Jassi Wardach, Sukhdev Sidhwan, Dr. Jaipal Sidhu and Moaz Sheikh.

Brar said that the club's running activities would be re-

sumed in the coming days, with some provincial restrictions relaxed. Mem-

bers are expected to make a good start to the first race of the year.



Peel athletes among Tokyo Paralympic hopefuls

A pair of Peel athletes are among the 19 Canadian paralympic swimmers who will be going for gold during an upcoming competition.

The swimmers will hit the starting blocks for Canada at the Tokyo 2020 Paralympic Games, the Canadian Paralympic Committee (CPC) and Swimming Canada announced this week.

Auréli Rivard, Canada's flag bearer at the Rio 2016 Closing Ceremony, leads the way for the team. The 25-year-old was the star of those Games for Canada, swimming to three gold medals and one silver.

Three other members of the Tokyo squad also won medals at the last Paralympic Games, including Caledon resident Tess Routliffe (with one silver), Kippens, Newfoundland na-

tive Katarina Roxon (with one gold) and Quebec City's Nicolas-Guy Turbide (with one bronze). A total of 12 swimmers are returning from the Rio 2016 team.

"Knowing that I'm on the Paralympic team and representing Canada is even more rewarding after a long year of uncertainty," said Rivard. "It's been a lot of hard work to get here, and I can't wait to get out and compete in Tokyo and see what I can do."

Seven athletes will be making their Paralympic Games debut, including world championship medallists Shelby Newkirk and Aly Van Wyck-Smart as well as Lima 2019 Parapan Am Games medallists Nicholas Bennett and Angela Marina.

Brampton resident Matthew Cabraja also made the cut for this

year's team.

Rivard, Morgan Bird, and Camille Bérubé will be competing at their third Paralympic Games, while Roxon has the most Paralympic experience on her resume, as this will be her fourth appearance.

"Regardless of how many times I get nominated to the Canadian Paralympic Team to represent our country, it always feels new and exciting!" said Roxon, who made her debut as a 15-year-old at the 2008 Games.

This roster produced 14 medals (two gold, seven silver, and five bronze) at the largest most recent competition, the 2019 World Para Swimming Championships. Medals were won by Rivard, Turbide, Roxon, Routliffe, James Leroux, Van Wyck-Smart, Newkirk, Alec Elliott, and Abi Tripp.

"It is an honour to qualify for my first Paralympic Games, and I am excited to represent Canada in Tokyo and take this next step in my swimming career," said Bennett, who was a three-time champion at the Parapan Am Games in 2019 and has been selected for his first Paralympic Games.

Due to the COVID-19 pandemic, the selection of Canada's swim team involved multiple phases.

Eight swimmers were nominated following medal performances at the 2019 World Para Swimming Championships, while seven more athletes were selected last month based on their performance at the 2019 worlds.

The final four athletes were nominated following a submission of training logs and data and a video-recorded time trial

performance.

Each swimmer on the team achieved either a 2019 World Para Swimming Championships medal or final, or the Canada C Time as outlined in the Jan. 2021 version of the Swimming Canada Swimmer and Coach Nomination Criteria for the Tokyo 2020 Paralympic Games.

"Every member of our team has achieved so much individually, we have world record holders, Paralympic gold medallists, athletes and coaches with significant Games experience, as well as coaches who have led athletes and teams to success at the highest level," said Wayne Lomas, associate director of high performance and Para swimming head coach, Swimming Canada.

"We also have first-time Paralympians eager to

make a name for themselves on the world stage, as well as highly experienced professional practitioners, doctors, PhDs, and successful professionals in many fields. What binds us is that we share the common goal of supporting each other to perform at our best on the day that matters."

Seven provinces are represented by Canada's Para swimming team – Ontario (seven), Quebec (five), Alberta (two), Saskatchewan (two), New Brunswick (one), Newfoundland & Labrador (one), and British Columbia (one).

Swimming competition at the Paralympic Games will run from Aug. 25 to Sep. 3. Look for additional coverage of the games in an upcoming edition of Peel Weekly News.

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LIFESTYLE / AROUND TOWN

Southside Shuffle Heads Back to Memorial Park This September

One of South Mississauga's most popular festivals returns this Sep. 10-12 with live music and fun for the whole family!

The Southside Shuffle Blues & Jazz Festival will return to Memorial Park with a COVID-safe experience designed to please fans of all ages and deliver an exciting selection of live music, activities and more!

"It's been difficult to plan when you don't know the rules. We know our fans have been anxiously waiting," said Kristine Kane, the chair of the Southside Shuffle Board of Directors. "Our goal is to safely bring the joy of live music back to the Port Credit community and bring awareness to the village and Mississauga as a tourist destination."

The economic impact the Festival has had to the businesses of Mississauga is over 7 million per year, and this year's event plans to focus on musicians from Ontario and Quebec, said Kane.

The festival, which

is normally celebrated annually amongst music lovers around the world, was recognized at the 2018 Mississauga Arts Council's MARTY Awards for "Mississauga's Best Festival," and in 2020, it was recognized by Festivals and Events Ontario (FEO) as one of the top 100 festivals in the province.

In 2021, the festival received an Achievement Award from FEO for their virtual festival, which was viewed around the world by over 25,000 people.

Although masks and social distancing requirements will be in place as well as capacity limits, organizers say the festival will be able to safely host two stages in the park; 1 in the south end that is free with seating for 120 in the beer tent, and room in front of the stage for people bringing lawn chairs or blankets to sit on.

The focus this year is on bringing live music back to the park, said Kane, and with the short notice

to reopen, the organizers determined they could not safely plan for the vendor village.

The ticketed stage in the north end will have limited general admission tickets on the grass (currently limited to 500 due to current capacity limits), as well a limited number of tickets (120) for the reserved Bourbon Street tent.

There will also be three food trucks in both the north and south stage areas of the park.

As the festival is not able to control social distancing and mask requirements on Lakeshore Road, many of the much anticipated Street Shuffle bands are moving to the free stage in the south

end of the park.

Additionally there will be live entertainment in many establishments throughout Port Credit.

Also returning on Sunday, Sep. 12 at 11 am will be the Mississauga Music Walk of Fame Induction Ceremony.

The Southside Shuffle traditionally has four outdoor stages in Memorial Park with two ticketed Main Stages, and two free stages featuring continuous entertainment throughout the festival.

The free Rabbia Fine Foods Street Shuffle & second line parade creates a Mardi Gras-like atmosphere, and together with three days of non-stop

music on large stages in Port Credit Memorial Park, attracts over 40,000 people.

"When we started, there were four bands -- Downchild, Fathead, Jack de Keyzer, and Jake & The Blue Midnights. We didn't even have a liquor license. I think we might have seen 2,300 people on the two days," recalls Chuck Jackson, Artist Director and founder of the Festival. "Now we have close to 150 bands. And over the last 20 years, we've employed probably 2,000 bands and 10,000 musicians."

To pull together such a production, Jackson credits the "great" Board members, a dedicated crew of 300-plus volunteers, festival

sponsors, and the help of the City of Mississauga, the Port Credit BIA, Port Credit Community foundation and the various levels of government (Heritage Canada, Ontario Creates & Ontario Trillium Foundation) which provided funding.

Tickets for the festival will be available through Eventbrite and a limited number though Impres-sionable Gifts (cash only) in Port Credit.

Weekend general admission passes are \$35 and a single day ticket \$15. Weekend passes for Bourbon Street are \$80 and \$30 for a single day pass. For details please visit southsideshuffle.ca.



Table Talk - Counting the Shortening Days

by William Graham

Early one Sunday morning as I was at the Free Food Table on King Street, I noticed it was not quite as bright as other Sundays.

Yes, we are into July, and the days will be getting shorter by two or three minutes a week and increasing to about three minutes a day by September until Christmas time when they will start getting longer.

I filled the table and went to the Dundas

and Sheppard table next.

A gentleman stopped by and asked if I had any water, which I was in the process of putting out. He said he was a diabetic and couldn't have pop or anything sweet.

We were given a carton of apples, which my wife, Shirley, had bagged into packages of ten and I offered him a bag, but he refused, saying that he didn't

have any teeth.

He did settle on a bag of hot cross buns and some tuna with the pull-off tops, so he left satisfied.

Some pro bono dental help would be so much appreciated. I didn't ask him if he was homeless because the "Powers That Be" in Mississauga told me long ago that Mississauga didn't have homeless. Probably just on his way to church.

I got to the free

Food Table at The Dam Youth Centre about 6 a.m. It was getting bright, and as I filled the table, I noticed a large bundle of something coming up the street.

When the strange looking bundle got closer, I saw it was a girl pushing a bicycle with bags of her goods attached and a large clear plastic bag with cans that she would be turning in for the refunds.

She stopped at the

garbage container by the bus stop, opened it, and sure enough, fished out two pop cans for deposit, then came to the table.

I had not seen her for a couple of months. I suggested that she needed a shopping cart rather than the bicycle since there was no room for her on the bike.

She replied that she was happy with the bike and she could get in trouble if she took a shopping cart.

She got a bag of the hot cross buns, a bag of Skittles and some tuna as well as cookies and water, and thanked me and continued on her way.

Why were neither of these people in a shelter or a home of some sort? Unfortunately, there are so many reasons why they feel safer on the street.

We can do better; we must do better. Are we not all created equal?

26th Annual MARTY Awards Shine a Light on Deserving Artists

"It's been two long years since the leading lights in the arts communities gathered to celebrate, and recognize our most outstanding performers - and I've missed you!" Mississauga Mayor Bonnie Crombie announced in the introduction to the 29th annual Mississauga Arts Awards (MARTYs), aired virtually on June 29.

"Thank you, for your inspiring talents that enrich our city every day. Congratulations, we salute you, we need you, and we thank you for your resilience!"

Mississauga's arts community came together to celebrate the greatest achievements in the arts in the city across all artistic practices, in a compelling online presentation.

The virtual award show, directed by Ron Duquette, highlighted the creative ingenuity displayed by the achievements of our 53 finalists, including 16 MARTY winners and three Community Award Winners.

The show featured performances by MARTYs host and 2019 Music Solo Vocalist - Established Winner, Arlene; 2019-2021 City of Mississauga Poet Laureate and 2019 MARTY - Literary Arts Emerging Winner, Paul Edward Costa; and 2017 MARTY Dance - Established Winner, Frog in Hand Dance Company.

"In the wake of a detrimental year due to the COVID-19 pandemic the accomplishments of the winners are truly exceptional, considering the circumstances they have had to endure," said Mississauga Arts Council's executive director, Mike Douglas.

19 winners were named at the 2021 MARTY awards, with great delight and reactions as they were surprised by their achievements.

"I won?! I can't believe it! Thank you so much Mississauga Arts Council for this award. You have been such a benefit to my career. This

is just one of the many!" says Gabriela Rodgers, the winner of the 2021 MARTY Music Solo Vocalist - Emerging Award.

"This is such an honour. Thank you for creating the MARTYs so that artists feel recognized in their own

community, it's very special." says Jasmine Sawant, 2021 MARTY Theatre Arts - Established Winner.

"Thank you Mississauga Arts Council. All service is a grand gesture, to give back to people, places and things that can benefit is so re-

warding...I don't just live in Mississauga, I love Mississauga." says Mary Miskic, the winner of the 2021 MARTY Hazel McCallion Volunteer of the Year Award.

The organization said this week that it hopes to be back in-person at the Mississauga Con-

vention Centre next year for another exciting celebration of the arts in the city.

For a full list of winners, visit the Mississauga Arts Council website at mississaugaarts council.com/themartys.

POET

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Digital festival returns with spotlight on South Asian art and diversity

An upcoming digital festival set to be held this weekend will shine a light on Bollywood, Punjabi and multicultural performances.

The Arts and Culture Initiative of South Asia (ACISA) will be presenting one of the largest South Asian festivals in Canada – Vibrant Brampton – that

will showcase the culture and diversity this weekend (July 23 - 25).

The 2021 digital festival will present international and local artists from across the globe, and will be streamed on the Vibrant Brampton Facebook page (@Vibrantbrampton).

"This year's festival will showcase

over 250 local and international artists from Canada, USA, UK, Pakistan and India with over 50 acts over the course of the three components of the festival," says Arpan Banerjee, ACISA co-founder.

Headliners include Bollywood playback singer Monali Thakur, winner of the Film-

fare award for her song Sawaar Loon, who also received the prestigious National Film Awards Moh Moh Ke Dhaage from the film Dum Laga Ke Haisha.

The festival roster includes several South Asian and non-South Asian acts including performances by Canadian Indigenous artists, Afro-

Canadian artists, Salsa, Flamenco, Reggaeton, Pop, Jazz and Instrumental Fusion expositions.

One of the newest additions this year will be a Hip Hop-Breaker-Popping Jamming session by leading local artists.

"Our festival brings an array of arts and culture that have the

power to enrich the spirit and connect humanity," says festival co-founder Ricky Bajaj.

The 2021 digital festival curtain raiser began with the second annual edition of VSTAR, an online talent hunt of local emerging artists that began on June 21 and will conclude on July 20.

Over 100 entries were received for VSTAR 2021, and the top 46 were selected for the first round, coming down to top 6 finalists who will be performing on the final day of the festival, added Bajaj.

This year's festival will conclude with "Vibrant Classical," where local Classical Music & Dance artists will showcase art forms in GTA, and will be streamed live on Aug. 7 and 8.

For more information, visit the event page at facebook.com/vibrantbramptonfest.



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Driven to Create - Art Knows No Borders

by E.C. Munson

"You've got mail!" is an excitement we have all felt, whether waiting for a love note from a certain someone, the Irish Sweepstakes announcements, or, if an artist, the results of submissions to exhibitions, competitions, and awarding of project grants.

There are a number of local artists and organizations who are achieving recognition this summer across Canada and internationally.

The Federation of Canadian Artists, located in British Columbia with a chapter in Toronto, is a venerable institution founded in Toronto in 1941 by some of the Group of Seven. At its height, there were several chapters across the country and a vast range of arts supported and promoted by them, including performance art, photography, fine art, and sculpture.

As infrastructure funding was scaled back, their mandate focused on providing regular themed shows, competitions, and exhibitions for 2-D fine art.

The FCA remains a highly accredited and sought after venue for artists.

Recently, Steve Wilson's work, "Highway of Tears" and "Maple Leaf Forever" were exhibited through the Federation of Canadian Artists with the "Maple Leaf Forever" earning a second place award and selling.

Wilson, formerly of Inglewood, past president of Beaux Arts Brampton some years back, and Headwaters

Arts juror for their 2020 fall festival exhibition, regularly mounts shows in his Niagara gallery for many groups and individual artists in Peel Region and Dufferin County, SOVA and North End Girls respectively,

graphite, has been accepted into the 'Shape and Form' juried exhibition in Vancouver Aug. 30 - Sep. 12 at the Federation (of Canadian Artists) Gallery!"

Also accepted into this same show is Cowan's "Rattling

lectured," said Wilson.

"The paintings are Under Cover and Rocky Point PEI and will be shown on line with SCA July 26 - Oct. 31 instead of in the Papermill Gallery, (...due to) COVID restrictions."

Latow Photography Guild and a frequent exhibitor with Beaux Arts Gallery in Brampton.

Currently, Campbell's piece from the last Beaux Arts show is prominently displayed at the gallery through

that much closer to the experience of seeing the artwork in person.

Three southern Ontario artists with connections to Headwaters Arts have been selected to be part of the prestigious Artist Showcase of the Arabella magazine.

Lynden Cowan and Mark Grice are members of Headwaters Arts and both have their studios in the Alton Mill Arts Centre.

Steve Wilson is also in the current issue with his work profiled on page 123. Cowan and Grice are featured, respectively, on pages 51 and 75 with artist profiles and several of their pieces shown.

The ARABELLA Inc. is an incorporated, independently-funded, entrepreneurial publishing and consulting enterprise.

The company head offices are in St Andrews by the Sea, New Brunswick and has a virtual staff of 30 editors, writers, photographers, designers, web support and computer technicians located across Canada and the US.

The back story on Arabella is fascinating, as it shows the melding of creative skills sets in marketing, art, and communications.

"While we had come from different pasts with different priorities, ARABELLA - the place - represented what we saw as a beautiful earth full of promise. It was a place and a journey to go 'Beyond the Boundaries'.

Continued Next Page



to name just a few.

Lynden Cowan and Sherry Park, both from Brampton, and members of Headwaters Arts, have studios in the Alton Mill Arts Centre.

They are keeping us busy trying to track the many distinctions awarded and where they are showing next.

Likewise, Steve Wilson, formerly from Peel Region, and some Arts on the Credit artist members, are finding many notifications in their mailboxes from afar.

Wilson recently shared, "Happy to announce my piece, 'Simpler Times,' done in

Brook Falls, a large oil on canvas.

The exhibition will take place from Aug. 30 - Sep. 12 in the Vancouver gallery. Jurors were David Goatly SFCA, Jane McDougall SFCA, and Rosalie Olson AFCA.

Opening next Wednesday, July 26, there will be an opportunity to see Cowan's work on a virtual platform with the opening of yet another prestigious show.

"Very happy to announce that both of my artworks submitted to the prestigious Society of Canadian Artists 53rd International Open Juried exhibition were se-

Also on the west coast is the biennial Salt Spring Island National Art Prize exhibition.

Intensely competitive with close to 3,000 entries, the finalists were narrowed to 52 entries.

Sherry Park of Brampton, with her painting of her parents, "Lunch", Steve Wilson's dramatic piece, "Highway of Tears", and Monique Campbell of Hamilton with her photograph, "Venetian Laundry Day" are in this prestigious event which will exhibit in Salt Spring Island, British Columbia, Sep. 24 - Oct. 25.

Campbell is a member of the

initiative of Beautify Brampton with BIA.

Announcements have also been pouring through the virtual channels about area artists being featured in different online and print publications.

These catalogues and periodicals are an important resource for art collectors and enthusiasts, interior designers, and architects.

Notwithstanding the efficient and easy access to images through computers, having an art catalogue, monthly or quarterly journal in your hands or on the coffee table is

Continued From Last Page

"Beyond the Boundaries" (develops) our avocations in art and our business vocations as we continued to work with individual business leaders and organizations to develop their entrepreneurial skills and realize new directions."

There are some publications that put out a call to submit or for artists to be considered with featured profiles.

Whereas exhibitions and shows are stand-alone events that artists apply to, the requirements for inclusion in publications, online or in print, are usually broader and more in depth.

Artists who are established with different themes or bodies of work are more likely to be selected with catalogues and publications.

One such entity is Spotlight - Contemporary Art Magazine, through the Circle Foundation in France.

"Under Cover", a piece by Lynden Cowan will be in the Aug. 16 issue. This is an Invitation Only Publication, and a great honour for Cowan.

Other pages to find both Cowan's and Steve Wilson's work on this September will be in the American Art Collector.

You can look for Cowan's newest completed painting, "A Walk in the Woods" and Wilson's "Blood Moon Magic."

This monthly publication and website are specifically geared towards collectors, galleries, and painters of traditional fine art, functioning as both a directory and catalogue of various gallery shows and art destinations across the country.

Taking place virtually this Saturday, July 24, is an international Zoom call from Mississauga's Arts in Momentum group to India.

The long reach of art and its healing power, as people in the field of medicine are using

it, will come from the unique experiences of local artist, Christine Long, of Mississauga.

You can sign up to be part of this free event. Long shares that, "I've been working with an organization called Arts in Momentum headed by Anna Silgado here in Mississauga. (... I will) participate in a Zoom call to India this coming Saturday morning at 7:30 EST to talk a bit about my story about using art to rewire my brain to recover from illness. There will be discussions with various doctors, counsellors and artists both here and in India about mental health issues. We hope to show that the creative arts are another way to help people to heal. Please come and join in on the conversation!!"

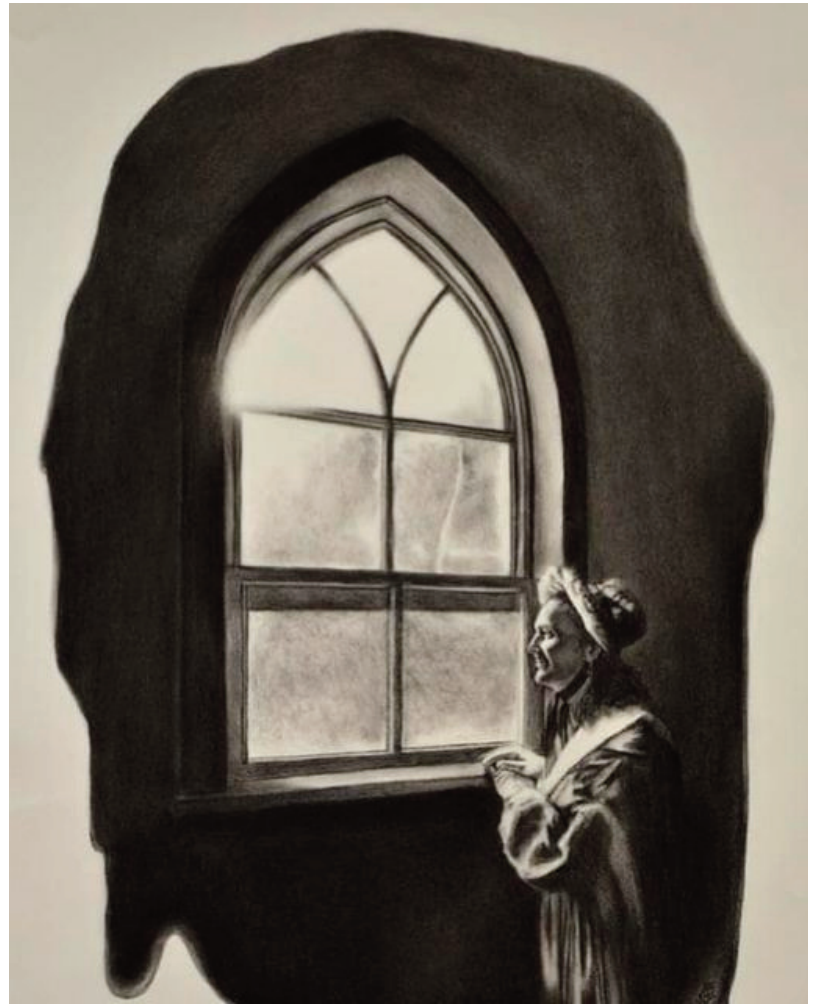
The value of arts and cultural events in our lives is gaining renewed recognition and respect from the people in the medical

field, different levels of government, and all of us; just everyday people needing something to expand our boundaries, in particular through these difficult pandemic times.

So, open up your world to new vistas, ways of thinking, and experiences through the creative expressive work of people in your own towns and cities. We can join Meena Chopra, well known Mississauga poet, artist, and film maker, in her reaction to the social media post about Arabella.

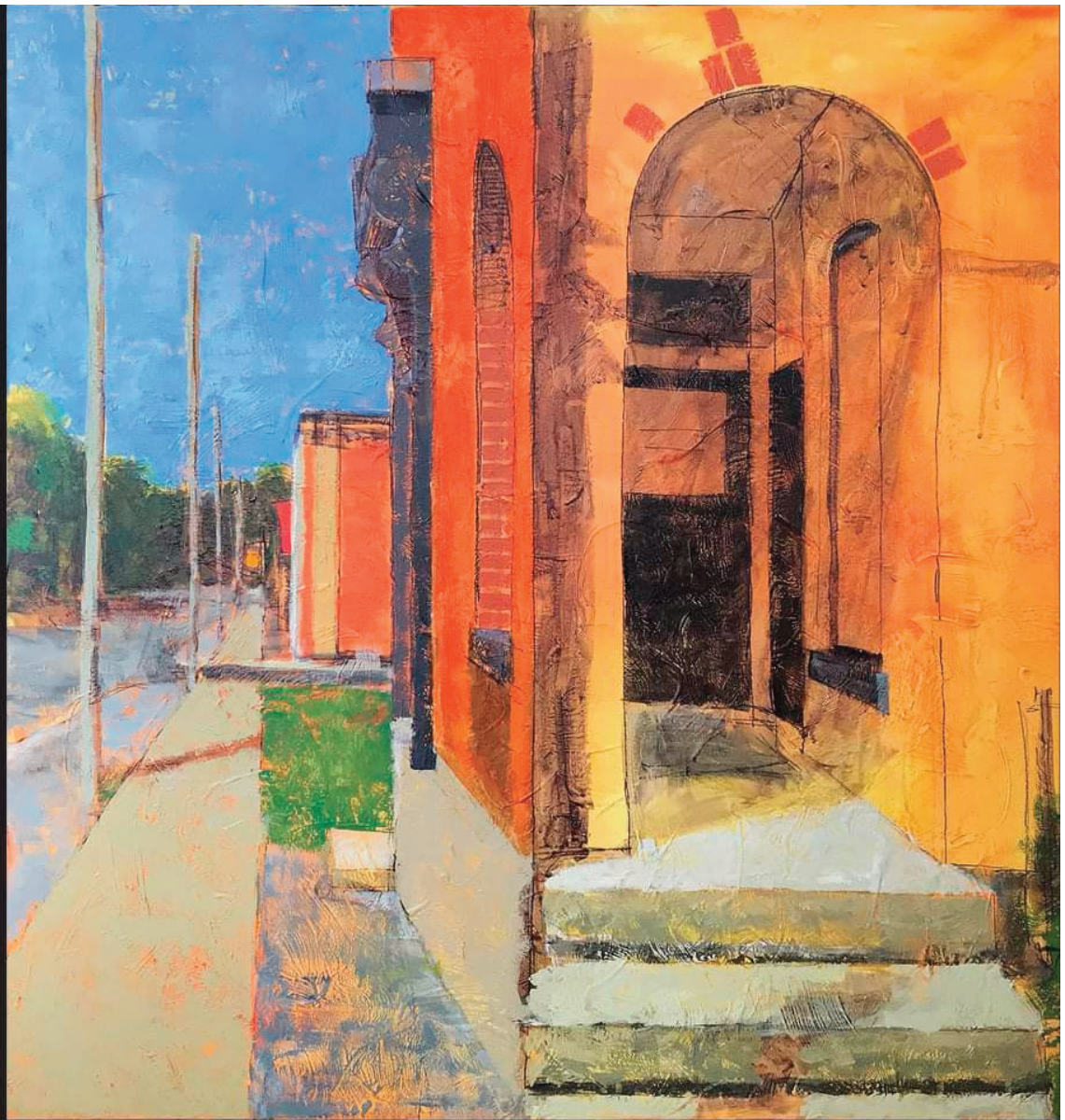
"Beyond the Boundaries' is a slogan that I have been using when I organize community events under CROSS CURRENTS - Indo Canadian International Arts. Mine is just 'Beyond Boundaries.' I feel connected."

May we, too, all know strong connections going forward, as Art Knows No Boundaries.



VIVID MOMENTS VIVID MEMORIES

KAYLA JACKSON
SOLO EXHIBITION



*she's painted a love letter
to her home town...*



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ProAction Cops and Kids Youth/Police Engagment Charity Open New Chapter

ProAction Cops and Kids, a charity started in 1991 by community members dedicated to the health and well-being of the local youth, has launched a chapter with Peel Regional Police.

The purpose of ProAction was to create an organization that would facilitate positive and impactful connections between police officers and young people, particularly those at risk.

The organization's focus is to raise funds needed to support various community-based programs developed and delivered by police officers to engage the youth in positive experiences.

"It is a group of individual citizens

that have come together to raise funds. To allow us to run programs for youth that are positive, building trust and mentorship in the community. I am super-pumped to see a chapter starting here in Peel," said Chief Nishan Duraippah earlier this week.

The programs funded by ProAction vary widely. They are developed by tapping into the available skills of the officers and matching them up with the needs of the community.

The initiative includes sports-based programs, such as a boxing program currently in development by Constables Vanessa McHugh and Heather Paul.

They have secured a partnership with 5-time Canadian Amateur Boxing Champion Melinda Watpool.

The program is set to start once COVID-19 restrictions are lifted.

"This will provide a safe space for at-risk young girls from the Acorn community to participate in sport," said Constable Vanessa McHugh.

ProAction has also committed funding for four other programs: lacrosse, cricket, basketball and a culinary program.

There are more programs anticipated to develop in the future including those focused on life skills development, education, and platforms for self-

expression through creativity and the arts.

The partnership provides an opportunity for officers to make significant connections with young people in

the community, guiding kids to a brighter future.

There will likely be some future leaders developed through this program and that contributes to

building healthier future communities.

For more information about the program, contact proactionprp@peel.police.ca.



Poetry Writing Contest

Deadline: September 30, 2021

Submit your poetry for a chance at winning \$100 1st, \$75 2nd or \$50 3rd Indigo Gift

Certificate prizes.

In association with Mississauga Arts Council
and Peel Weekly News

For submission guidelines and to submit,
email submissions@mississaugawritersgroup.com



Mississauga Writers Group

www.mississaugawritersgroup.com

Mississauga Recognizes National Drowning Prevention Week

The City of Mississauga recently recognized National Drowning Prevention Week, a week that raises awareness of drowning prevention to increase the public's ability to prevent water-related injury and death.

This time of year, many residents and visitors are flocking to Mississauga's beaches, outdoor pools, waterfront parks and cottages to beat the heat.

The city said this week that it is encouraging those who participate in water activities, such as swimming, fishing and boating, as well as those who walk, run or play

near the water, to do so in a safe manner.

Even if you're an experienced swimmer, stay alert, take precautions, understand the risk factors and follow all safety guidelines to prevent injury or accidents.

According to the Lifesaving Society, a national charitable organization that works to prevent water-related injuries, there are approximately 500 water-related fatalities in Canada each year.

Thirty-four per cent of these deaths occur in lakes or ponds and 29 per cent in rivers. Additionally, 66 per cent

of these drownings take place during the warmer months, between May and September.

Whether you're swimming, boating or spending time by the water, remember to look for dangers associated with the water and know the risk factors for drowning, which include not using a personal floatation device, alcohol consumption, being a weak or non-swimmer and being alone.

It's also important to know your surroundings at all times and to familiarize yourself with the water conditions.

Learn to swim –

It's important to develop confidence in the water and just as important that you and your children learn basic swimming and water safety skills that will help to prevent drowning.

The city will resume offering learn-to-swim classes for all ages and skill levels in the fall, pending provincial regulations permit.

Advanced leadership programs (i.e. Lifeguard training programs) are planned to start later this month.

Wear a lifejacket – Wear a lifejacket or personal floatation device (PFD) when on a boat. The law requires that a PFD

be on board for each person on a boat.

In addition, inexperienced swimmers should wear them at all times when swimming in pools or other bodies of water.

Swim with a buddy – It's important to always have someone swim with you, where possible, in case something happens.

Let someone know when, where and how long you plan on swimming for. When you are done swimming, check in with them to let them know you are safe.

Keep children within arm's reach – Protect children from drowning by

actively supervising them when they are in or around water. Keep them within reach in case something happens, so you are close enough to help.

Swim in supervised areas – For a sense of security and safety, swim in zones that are supervised by lifeguards, such as one of the City's seven outdoor pools.

During National Drowning Prevention Week, each of the City's outdoor pools will be offering water safety education.

To learn more, visit the City of Mississauga website: mississauga.ca/swimming.

Is the ideal teacher a blessing to society?

by Surjit Singh Flora

"A good teacher can inspire hope, ignite the imagination, and instill a love of learning," said Brad Henry, a former U.S. Governor.

The ideal teacher is a blessing to society. They are dedicated to the teaching and career development of students. They win respect from our hearts.

They also possess all the good and noble qualities of humankind. For the student, they are a friend, philosopher, guide and a role model. They exalt the light of knowledge for their students.

They have sound qualifications. Their comments are always constructive in nature. Such a teacher has shaped the entire life of the student. If everyone in this world has an ideal teacher, they will rarely fail in life.

An ideal teacher

is, above all, a problem solver.

Teachers are mainly responsible for solving students' problems and do not expect any return. Each student is different from other students and reacts differently to situations. They need personal attention.

An ideal teacher knows the shortcomings of students and what their requirements are. They understand the needs of students and do their best to meet their needs.

The ideal teacher is hardworking, honest, punctual, truthful, kind, tolerant and full of moral qualities, always high-minded. Teachers who are friendly and helpful are the best teachers. It is said that the teacher is the lamp that illuminates others.

The teacher removes backward thinking, evil

thoughts and immorality from the student's mind.

They solve students' personal problems on a priority basis.

Apart from this, they also encourage the students to take part in social activities from time to time. A good teacher helps enrich students' vocabulary, giving them keywords.

A good teacher also has a precious treasure of education.

In his book *To Teach the Journey of a Teacher*, William Ayers responds to the need for intelligent, appreciative and hardworking teachers to teach effectively. Special techniques are not necessary for the best education.

Also, students spend a lot of time with teachers, so indirectly, they become important figures for the student's life.

Therefore, the ideal teacher has to treat the children to set an excellent example for the students. An idealistic teacher prepares children to face future challenges. They produce good leaders for the future, so that they can set an example for the people and shape the future of the country.

The teacher is the Guru, and the student is the learner. This Guru-disciple relationship is very sacred. Students should always respect the Guru.

A good teacher urges the students to adopt sports in life as well as study.

Training is the main role of teachers. In this role, the ideal teacher must stimulate the desire of the students to learn.

The teacher should be a good thinker who can create a good soci-

ety by giving good guidance to the students and the community. The first priority of the ideal teacher is to build excellent and conduct.

A teacher full of moral values adds colour to a student's life, as a gardener sows a seed, then waters it, waters the plant, and bears sweet fruit when the plant grows.

Similarly, a teacher cares for a child. A good teacher will tell the children to come to class on time, and take the required notes and instruction.

Also, teachers are the brightest minds in society. The teacher-student interaction is not only limited to learning, but the teacher also plays an important role in enabling the student to climb the ladder of life.

As teachers are the builders of the

nation. Therefore, the teacher needs to be a role model by watching what the children learn.

Children spend less time with their families and more time with their teachers. The child will adopt the same habits as a teacher. A good teacher always emphasizes discipline in the classroom. Provides important information to students.

In today's world, it is the teacher's responsibility to keep the students informed of the times. They have also demonstrated their courage and ability by educating children online through new communication methods of education.

Today's students can turn their dreams into success by following the teacher's inspiration and respecting them.

Why shouldn't young children wear masks?

by Surjit Singh Flora

The World Health Organization (WHO) has warned people to wear material masks in open spaces, making it challenging to isolate themselves from society properly.

Recent guidance in both the U.S. and other countries has suggested that all individuals, from children to adults, should continue to wear masks. This holds true in places where concerns over outbreaks in schools this coming year are motivating updated guidance to continue

wearing masks in classrooms.

If you have COVID-19, the mask will catch most of the virus you pass, thereby reducing the possibility of spreading the virus. In addition, if you are in contact with someone who has the virus, a mask can prevent the airborne virus from entering your nose or mouth.

Studies have shown that the combination of the two can reduce transmission and reduce the viral load received by people in-

fectured with the virus. Reduced viral load is one of the possible reasons for the decline in mortality.

Wearing a mask can also prevent you from touching your nose and mouth, which is another vector of the virus.

If young people can wear (and take off safely) masks, this could be a significant move.

But, wearing a mask is a difficult task for young children. Either they will remove it immediately, or they will not wear it at all.

For this reason, the biggest question is whether children are safe if they are not wearing masks.

According to the Centers for Disease Control and Prevention, young children under the age of two should not have their faces covered, or a child who has difficulty breathing is unconscious or unable to remove a mask without assistance.

Babies have smaller airways. So, wearing a mask can make it difficult for them to breathe. Therefore, young children wearing masks are at risk of suffocation.

Furthermore, if the mask is too tight, it can make it difficult to breathe, and if it is too loose, it will not provide the necessary protection, as young children will not be able to take off their mask on their own, which can cause them to suffocate.

Older children or slightly older children can definitely take off their masks,

but this increases the chances of touching the face more, which is not valid.

In addition, N95 masks are still not available for young children.

Young children cannot wear masks, so it is best not to take them to crowded areas. However, if this is not possible, take such precautions to keep the child safe.

- If the baby is small, the child in the baby carrier keeps the child's face towards you. Try to keep the baby close to your body.

- It would also be good to take the child's seat in the car. However, it is heavy, so it isn't easy to carry it around.

- Keep the baby in a covered stroller. If you have a rain-worked plastic sheet cover for the baby stroller; use it.

According to the Center for Disease Control and Prevention, if you are giving a mask to children up to two years of age, be sure to follow

these guidelines.

- The mask should fit the baby's face, especially the neck.

- The mask should have air loops.

- The mask should have at least three layers.

- The child can breathe comfortably without interruption.

- Washable in the machine and can dry quickly without any damage.

There is no doubt that wearing a mask for young children is an arduous task, but you can also make it easier. You can ask the child to choose a mask for you or to paint the mask. Wear a mask that matches the clothes. In this way, the child will wear a mask.

Disclaimer: The advice and suggestions in this article are for general information purposes only and should not be taken as professional medical advice. Always consult your doctor if you have any questions or concerns.



Do your part: help keep Brampton clean and green

The City of Brampton's Parks Cleanup program is in full swing until Nov. 1, and you can help clean up parks in our community for everyone to enjoy!

Leading a cleanup is easy. Simply select a local park, register your cleanup allowing five days for our team to deliver your supplies (bags and gloves), then get outside and complete your cleanup!

Longtime Bramptonian Bill Godfrey started his cleanup journey

more than three years ago when he noticed garbage in a nearby ravine. He started cleaning the ravine litter – some that had been around for decades – and then expanded his efforts to other nearby areas.

Soon after, he created a volunteer group called P.A.L. (People Against Littering). Each week, more than 10 volunteers gather to cleanup garbage in local parks and spaces.

"Our goal is to unite the community into a power-

ful force to take back control of our parks and streets from litter bugs and litter thugs," said Godfrey.

"The feeling is almost addictive," he said. "It is also a thrill to see others smiling and enjoying areas that we have cleaned up and to be appreciated by them."

Bill has a message for all Bramptonians: "Folks, pick the litter up! If we all picked up just five pieces of litter a week, that would have a major impact."

Don't forget to

send photos of your day to bramptongreencity@brampton.ca and tag the city when you share on social media, @City-Brampton.

The city said this week that it is encouraging residents to help keep litter off the ground and in the garbage, get involved in the community, and help maintain its beautiful parks and green spaces.

Visit the City of Brampton website (brampton.ca/cleanup) for full details and to register.



Health and Wellness - Reflecting on My Needs

by Elizabeth Banfalvi

We all have needs — and some of us more than others.

As children, we needed the love of adults and if that wasn't given, we tended to look for it for the rest of our lives. So, my questions are:

What did I need to know from my past?

What did I need to embrace yesterday?

What did I need to do yesterday?

I was very lucky in the fact I had both of my parents and they were loving and supportive. My dad had a wonderful sense of humour and I feel he past it onto me.

His one lack was education. He was raised in Europe where they took the young boys out of school to work in the mines to go up the

narrow shafts.

All he wanted for me was to go to school as long as I could. He worked in the construction of a mine later in life, where he had to order all the parts for the rails and tracks.

He only went to Grade 3, but he was good in math and used to order the perfect amount.

My mother wanted to be a nurse but circumstances got in her way because she was the oldest and had to help the family.

I always wonder what they would have become if they had stayed in school. My mother used to write my father's letters to his family who totally ignored her. This was my family structure.

What did I need? I had it in their

support. Math was my best subject and writing seemed to be my future although I didn't know it at the time.

What did I need to embrace? The humour I had from my father. So many things happened to me through my life, and I got through knowing I would be alright.

What did I need to do? I did it. I married and raised my family. I was there for my children and now enjoy my grandchildren. That was my first priority.

What do I need to know today?

What do I need to embrace today?

What do I need to do today?

I am divorced and living on my own. I am retired and have a writ-

ers' group that I run, and I write articles for the Peel Weekly News. I am an author of six books all about meditation. I have done many meditation workshops in the area.

What do I need? More money would be nice. I have what I need. Both my son and daughter are well and happy.

My three grandchildren are smart and have inherited my sense of humour (unfortunately), and we have fun. I have a new great grandchild and he is a wonderful addition to our family.

What do I need to embrace today? I have to embrace myself mostly. Being in this COVID for so long and alone, it has been difficult. I kept myself busy

but it was difficult.

I am doing okay and probably better than most. I made a point of sending out weekly emails to my group just to keep everyone going and thinking of new things they can do with their writing. They definitely have enjoyed it.

What do I need to do today? Just enjoy the day and keep going. I have a new project coming up for a fellow author and that will keep me busy. Today is what matters so enjoy.

What will I need to know tomorrow?

What will I need to embrace tomorrow?

What will I need to do tomorrow?

What will I need to know tomorrow? Tomorrow

seems so far away at times but it isn't. It is a moment away. I need to know I will be alright. I have the support from my family and their love.

What will I need to embrace tomorrow? I need to embrace my friends, family and myself and to learn to know I am fine.

What will I need to do tomorrow? Be happy and enjoy my life. I have survived a lot in my life and I will continue to do so.

The sun will come out

Tomorrow Bet your bottom dollar

That tomorrow There'll be sun! You're always

A day A way!

- Annie -
The Broadway Musical



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